

IMPORTANT INFORMATION
Regarding LDA CABARET Rehearsal + Performance Days

- All rehearsals at FOX LANE are **MANDATORY**. Please make sure you have reviewed the schedule so dancers know what time they need to be at theater.
- **DRIVE to Fox Lane High School – S Bedford Road, Bedford, NY 10506** - So you're familiar with the route and the time it takes to get there, from your home and/or school, leave yourself enough time so your dancer will arrive early and feel relaxed and prepared.
- Dancers who do not attend **MANDATORY** rehearsals will NOT be allowed to perform. Your child's attendance is not only important to them but also their fellow dancers. This is an LDA rule. We *prefer* to not turn dancers away from performances but will if necessary.
- **Be on time for rehearsals and performances**. All dancers must arrive "stage ready". Hair must be prepared according to the style discussed with individual teachers. No earrings/jewelry are to be worn. If ears were recently pierced, you may place a small band-aid over earrings. No nail polish. Please have your dancer arrive in leotard and tights under their clothing.
- **Drop Off Procedure** is the same for both rehearsals and performances. When you bring your child to Fox Lane HS for rehearsals and performances, you will be asked to sign your child in at the check-in station. The Logrea Drop Off/Pick Up sign will be your indication for where to enter the building. As you enter the parking lot at Fox lane, proceed straight (the soccer/lacrosse field will be on your right) You will be asked to sign your child in at the check-in station. Our capable rehearsal assistants will escort your child to their dressing room. Unless you have Volunteered, you will not be allowed to go back stage or to the Dressing Rooms for any reason.
- **Pick Up Procedure**. Your dancer should be picked up promptly at the end of their rehearsals or at Intermission of their performance. **Please indicate at Check-in on performance day** if your child is to be picked up at INTERMISSION, or is staying for the full performance. *The location for pick-up AFTER REHEARSAL OR PERFORMANCE is the same as where you dropped them off.* The location for pickup *AT INTERMISSION* will be off to the side of the lobby inside the building (There will be drapery to cover the backstage area). This pickup area is only for students who have a ticket to watch ACT II. There will be LDA representatives at both locations; please give your child's name to an LDA representative in an orderly fashion and your child will be brought out to you. Your child will be ready for pick-up at Intermission unless you have informed us on the Check In Sheet that your child will remain backstage throughout the entire performance.
- All parents can remain in the theater area and are welcome to watch their dancer during the Dress Rehearsal. Only dancers and those working in a production capacity on behalf of the Academy are to be backstage. Your child will be well supervised. We will have time for pre-rehearsals in the dressing rooms. We want to give your dancer a well-rounded, safe, calming, professional experience backstage, and do hope you'll help and Volunteer to make this possible.
- Parents are not permitted back stage. Older dancers will be there to assist in quick changes. Dancer should have a small hair brush with their name on it, extra elastics and bobby pins to make any changes in hair needed. The quick changes are rehearsed at the theater in rehearsal.
- If you're delayed for any reason, PLEASE CONTACT OUR VOLUNTEER COORDINATOR:

MEREDITH HERTLEIN • 914-213-5271

IMPORTANT TO REMEMBER:

- **Please have your child bring ONE dance bag big enough to contain ALL of their Personal items:** shoes, coats, hair supplies, make-up, items for amusement, dry snack if needed, water.
- **LABEL – ALL** of your child's belongings especially their bag with their last name and first name initial so we/they can locate the items quickly.
- **Please make sure that your child comes to the theater with their hair done, and makeup applied** - Parents will not be allowed backstage to do these things.
- **All jewelry – including earrings - should be left at home.** If earrings can not be removed they should be covered with Band-Aids so they can not be seen from the audience
- If a student has a tattoo, it must be covered with a bandage that matches the skin tone of the student
- **Glasses:** Children under the age of 10 are asked to perform without glasses. Children over the age of 10 are required to perform without glasses.
- **Nail polish** should be removed prior to coming to the theater for both **Dress Rehearsal and Performance.**
- **Make Up** should be minimal stage makeup - a neutral color lipstick (like for Nutcracker) NOT a bright red. Light eye makeup and subtle blush. There should not be any changes to make up required during the performance, so students can come to the theater with make up done for the whole rehearsal and performance. Make up can be freshened as needed, but not adjusted differently for a specific dance.
- There will be a **photographer** taking photos of your child in costume during dress rehearsal so you can have close-ups of your child and their class. You will be notified when photos are ready for viewing via email.

THINGS TO INCLUDE IN YOUR DANCERS BAG:

- **Change of clothes** Please ensure that your dancer has the change of clothing they will wear to watch Act II, or for pickup – wardrobe costumes are never to leave the premise.
- **Extra Hair Supplies:** Hairbrush, Bobby Pins or Hair Pins, Extra Hairnet, Hair Elastics, Mousse, Gel, or Hairspray. Please no hair ornaments costumes will have headpieces.
- **Extra tights** (if tights are part of their costume)
- **Band-Aids** - to cover earrings (if you wish them not to be removed)
- **Make-up** - for touch up purposes
- **BOYS and GIRLS** - need to bring proper shoes and any other items indicated in the costume information that was sent previously for each class.
- **BOYS** -do not wear tights. Undergarment requirements for classes were sent out earlier to each class. Some require socks, some bare feet. It depends on the class. Please check your emails.
- **GIRLS** - NO UNDERWEAR is to be worn under costumes, so please plan accordingly.
- **Tights are not a requirement in all classes.** Students should wear the undergarments to the theater that are required for their first number. If tights are required for additional numbers these must be put in their dance bag to be added in a quick change.
- **A small bag** - to put Glasses, Earrings, Bracelets etc. if they can not be removed at home
- **Non-messy snacks** - water only for drinking
- **Non-messy activities** - like games, books, cards, etc. (Please: No markers or pens!)

ADDITIONAL INFORMATION

Please have your dancer bring their street clothes to the dressing room so they can change out of their costume before intermission and their pick up. LDA requires that everyone who watches the performance have a ticket and an assigned seat in the theatre. If you want your dancer to join you in the audience after intermission, *you must purchase a ticket for her or him.*

CELL PHONE, COMPUTER, IPAD, CAMERA POLICY:

- Dancers who are in the theater for Company Class must turn their cell phones, etc. off and put them away 10 minutes prior to class.
- All students must turn cell phones off and put them safely away 1/2 hour before performance begins and must remain off and stored until the performance has finished.
- Videos or photos cannot be taken *anywhere* of *anyone* without their expressed permission to do so. Videos or photos must not be taken while dancers are changing in to our out of their costumes. Please be careful and considerate of others and make sure you are not capturing any person in your photo or video that has not given you expressed permission to do so.
- Cell phones, computers, iPads, cameras, etc. are not allowed on stage or in the studio during performances or rehearsals. Dancers should be concentrating and focusing on the rehearsal or performance.

Please remember - dancers must remain in the dressing room until Intermission on performance days, early dismissals are not possible.