



HOW TO MAKE A PERFECT BUN

Hair: Girls in all ballet classes must wear their hair in a neat and tidy classical bun or pinned up so hair does not obscure the neckline or get in the students' eyes. The ballet bun keeps hair from flying in a dancer's face; it also creates a clean, elegant line for the dancer.

- Materials**
- Comb & brush (Fine tooth comb preferable)
 - Bobby pins
 - List**
 - Elastic band
 - Hair pins
 - Hairspray or hair gel
 - Hair net (Fine net with elastic edges. Should be same color as hair.)



1. Gather the hair and pull it back. Apply water or hair gel if you need more control over the hair.



2. Form a pony tail by brushing the hair up from the jaw line to the top part of the back of the head. This will form a high bun. Use an elastic hair band to secure the pony tail.



3. A tidy pony tail with hair drawn snugly back is the key to making a good ballet bun. Apply more water or gel to keep the hair neat if desired.



4. Twist the pony tail until it begins to coil.



5. Coil the pony tail into a tight circle.



6. As you coil hair, use hair pins all around the coil to secure it to the rest of the hair.



7. Wrap a fine hair net around the bun. Keep twisting and wrapping so that the hair net tightly secures the bun. Add a few more pins.



8. With long thick hair, you may end up with a bun that will protrude too much. A flatter bun is preferable. To flatten, remove pins (the hair net will hold the bun), then flatten the bun and re-pin all around the bun. For extra hold, use hairspray

For SHORTER HAIR that will fit into a short ponytail.

Follow same procedure as for Long Hair. Braid ponytail as far as possible, then secure end with another covered elastic. Fold end of braid under and press it flat against head. Secure in place with hairpins.

For VERY SHORT Hair

Put a circular, fabric hair-band around head to keep hair off face. Insert one bobby-pin behind each ear to hold hair-band in place.